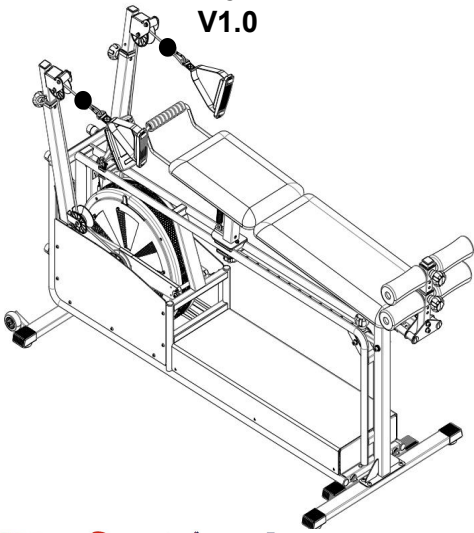
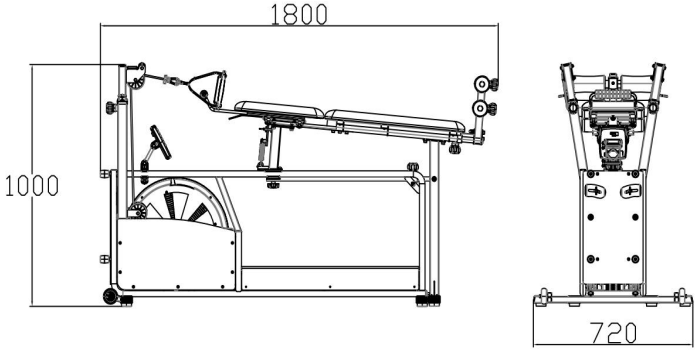
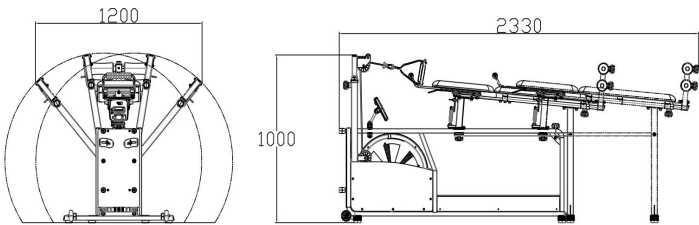
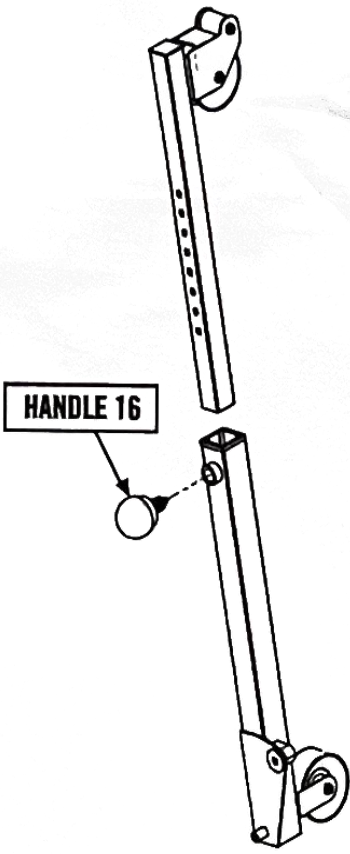
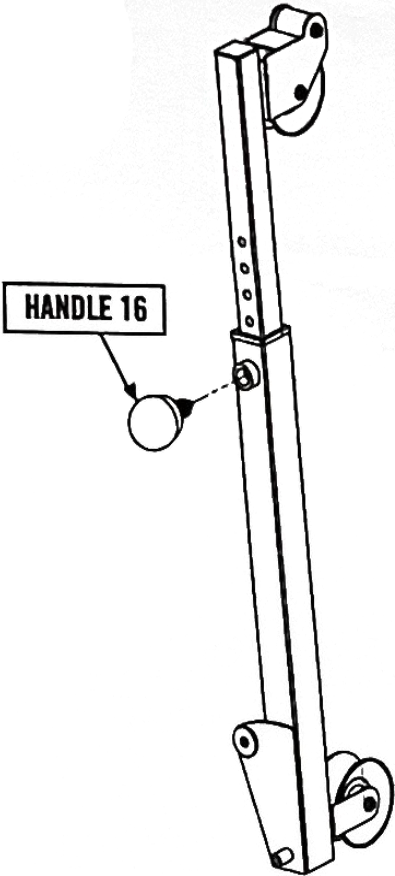
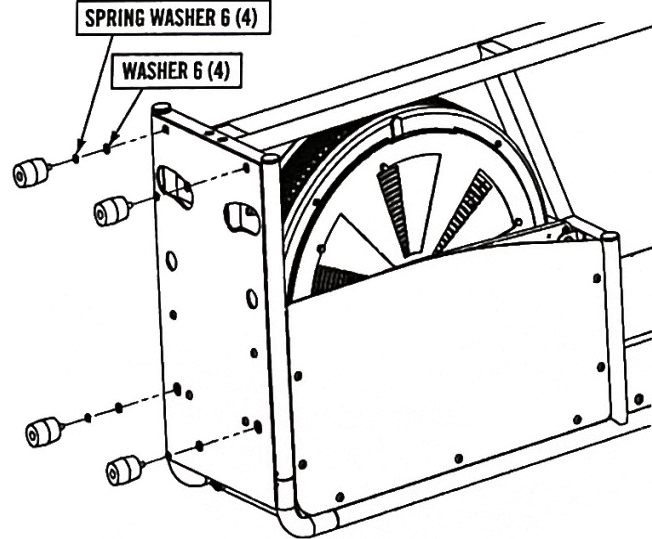
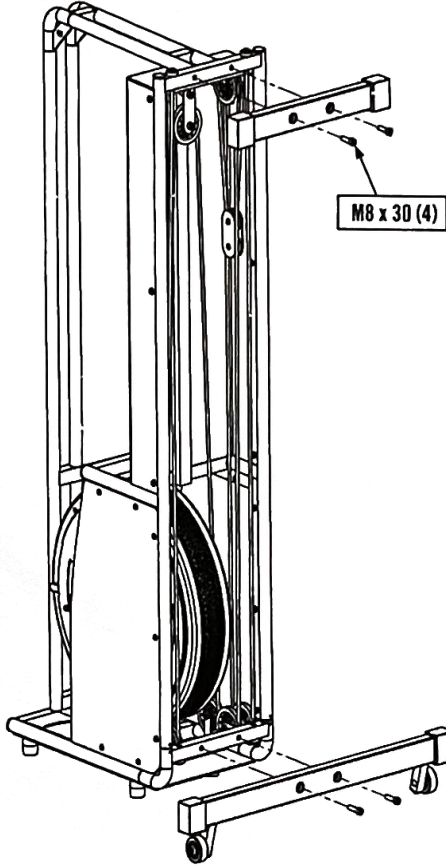
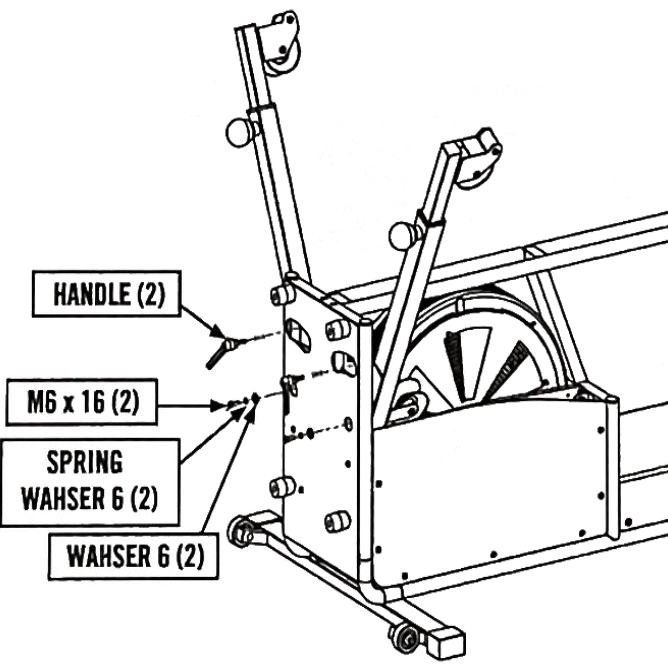
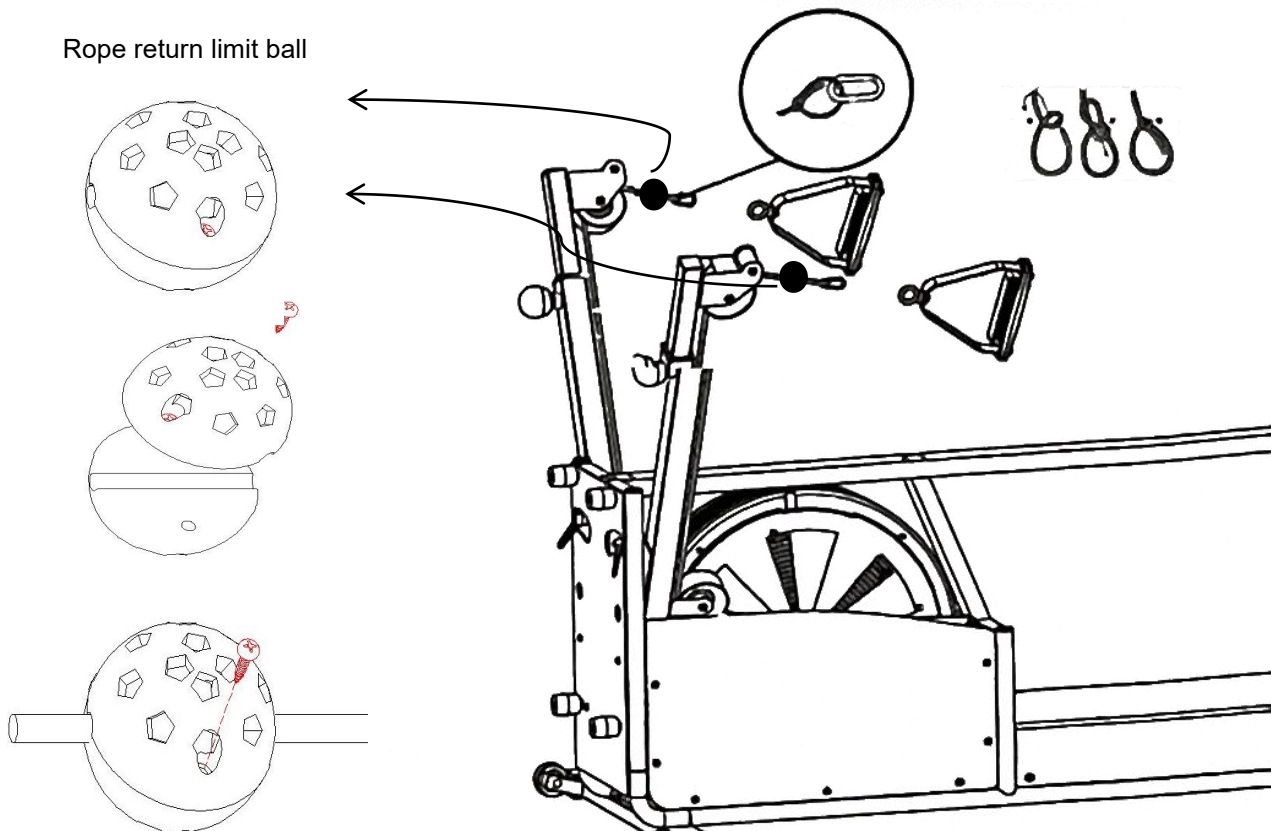
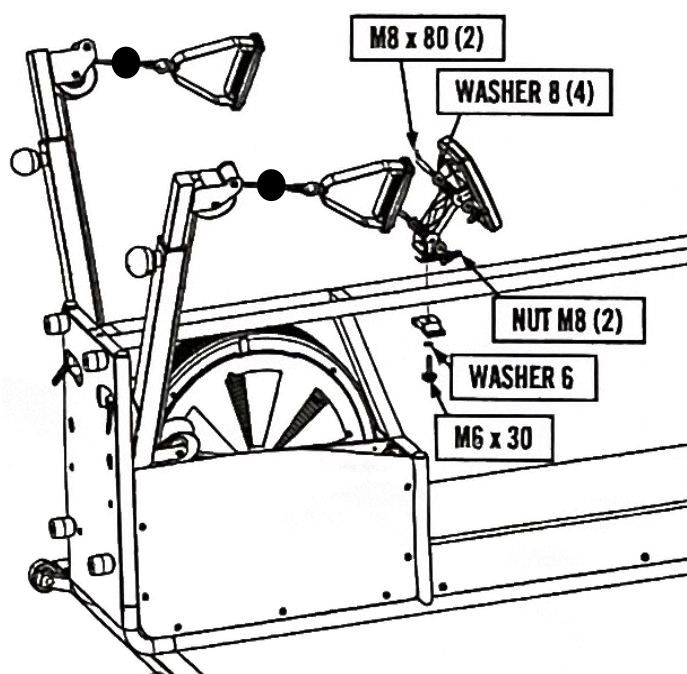
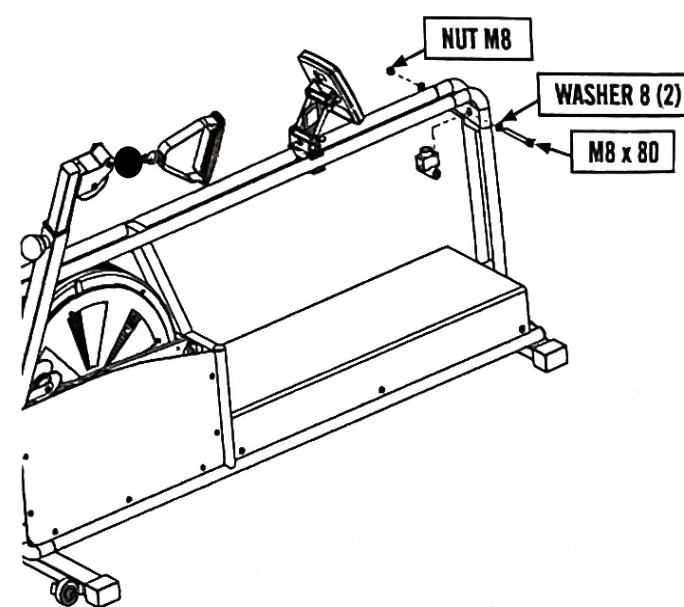
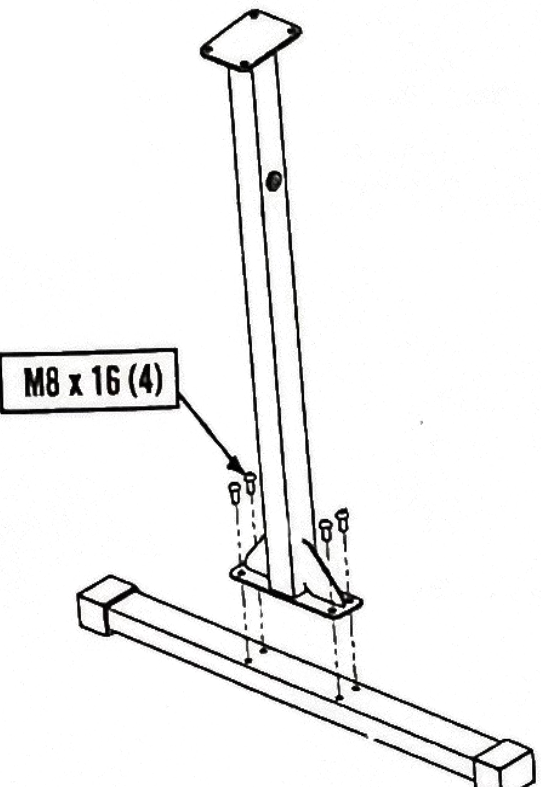
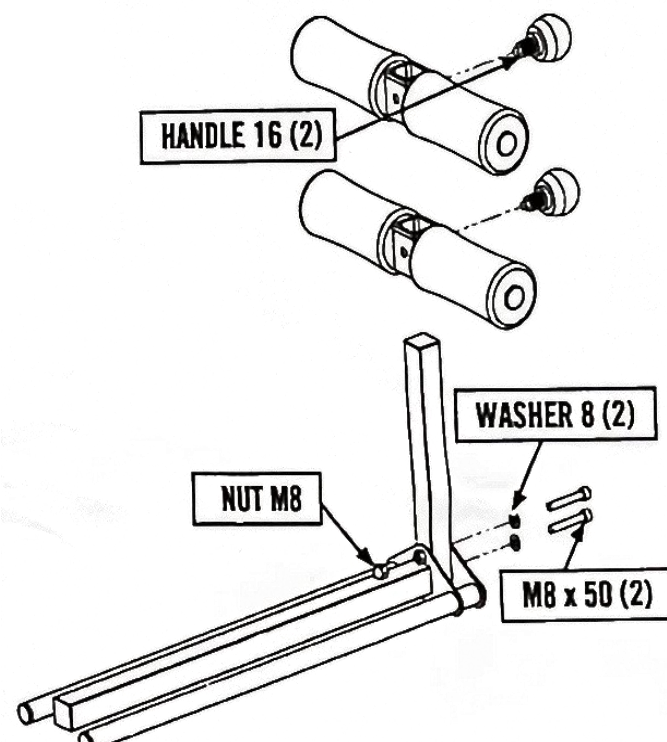
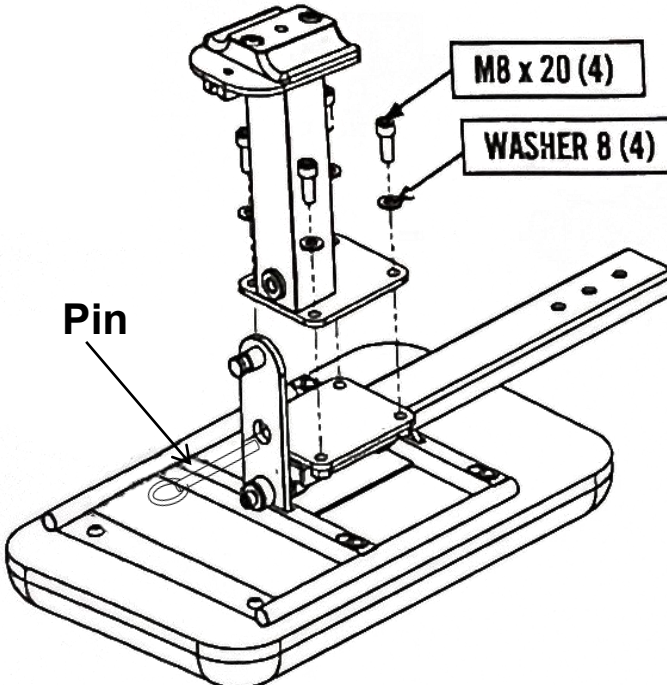
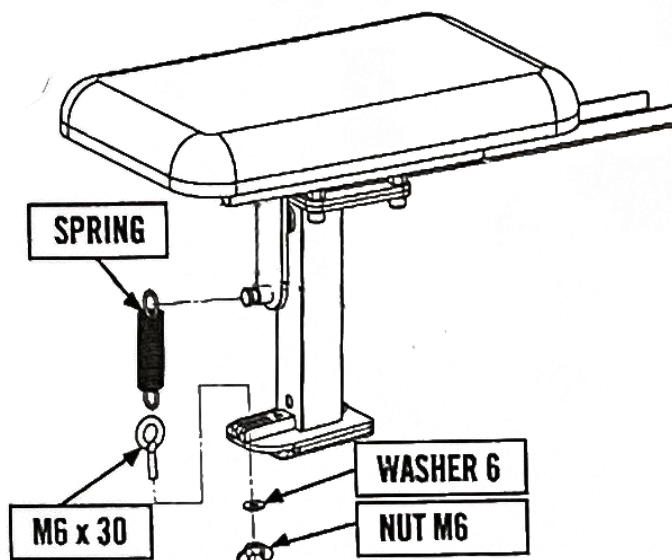
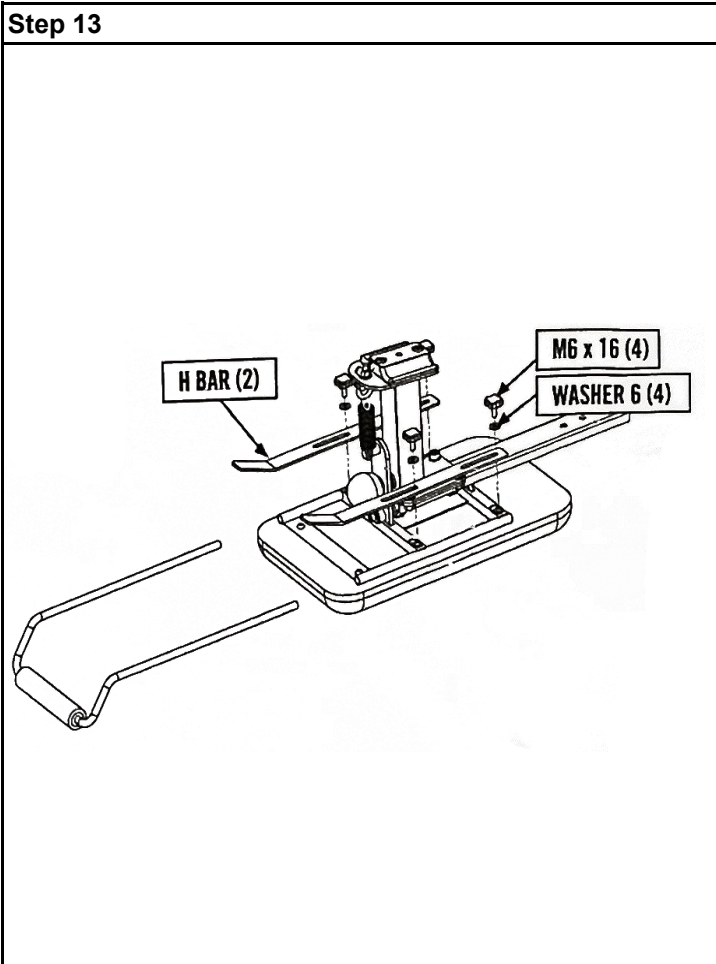
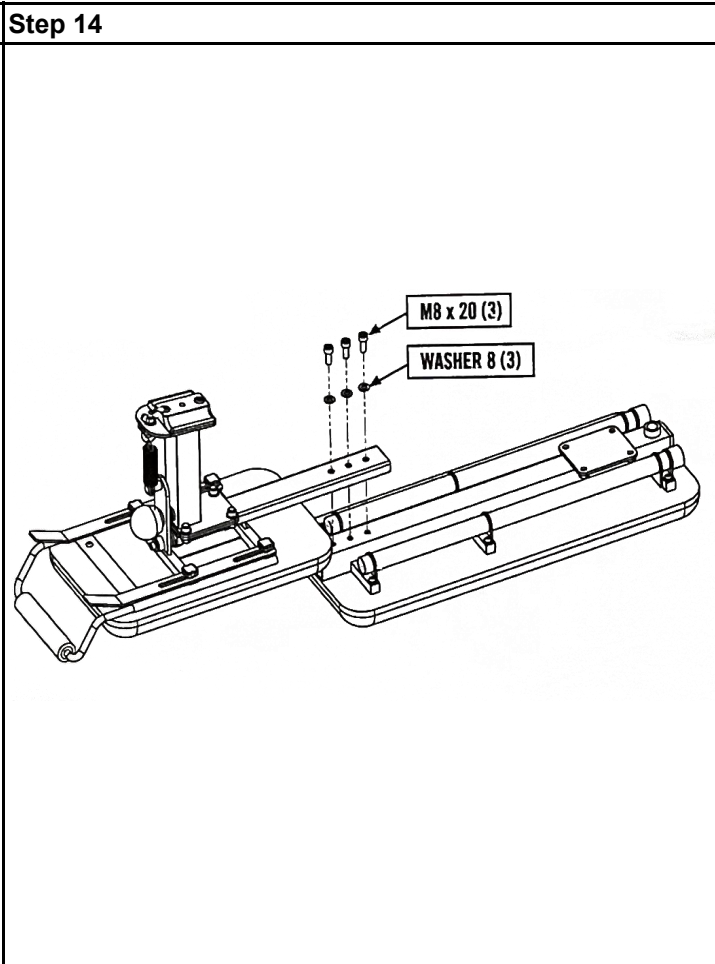
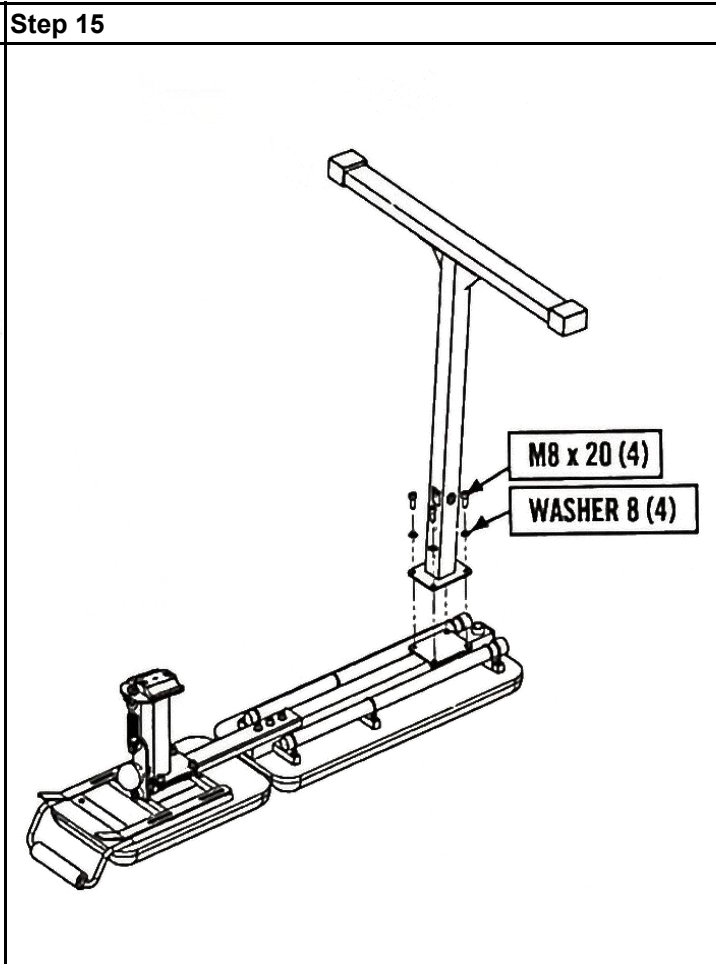
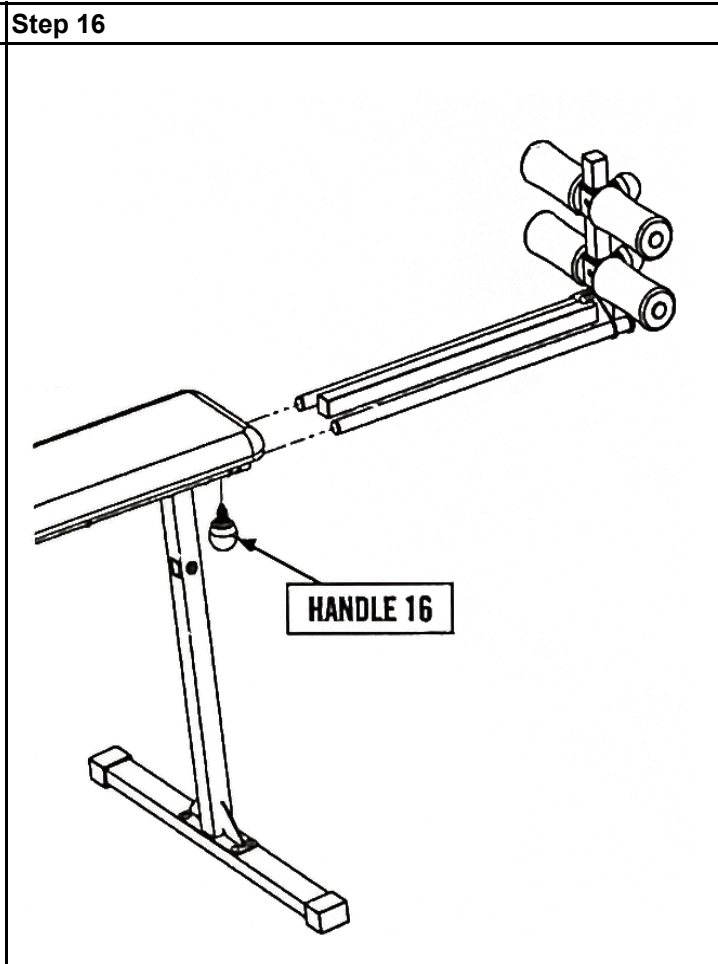
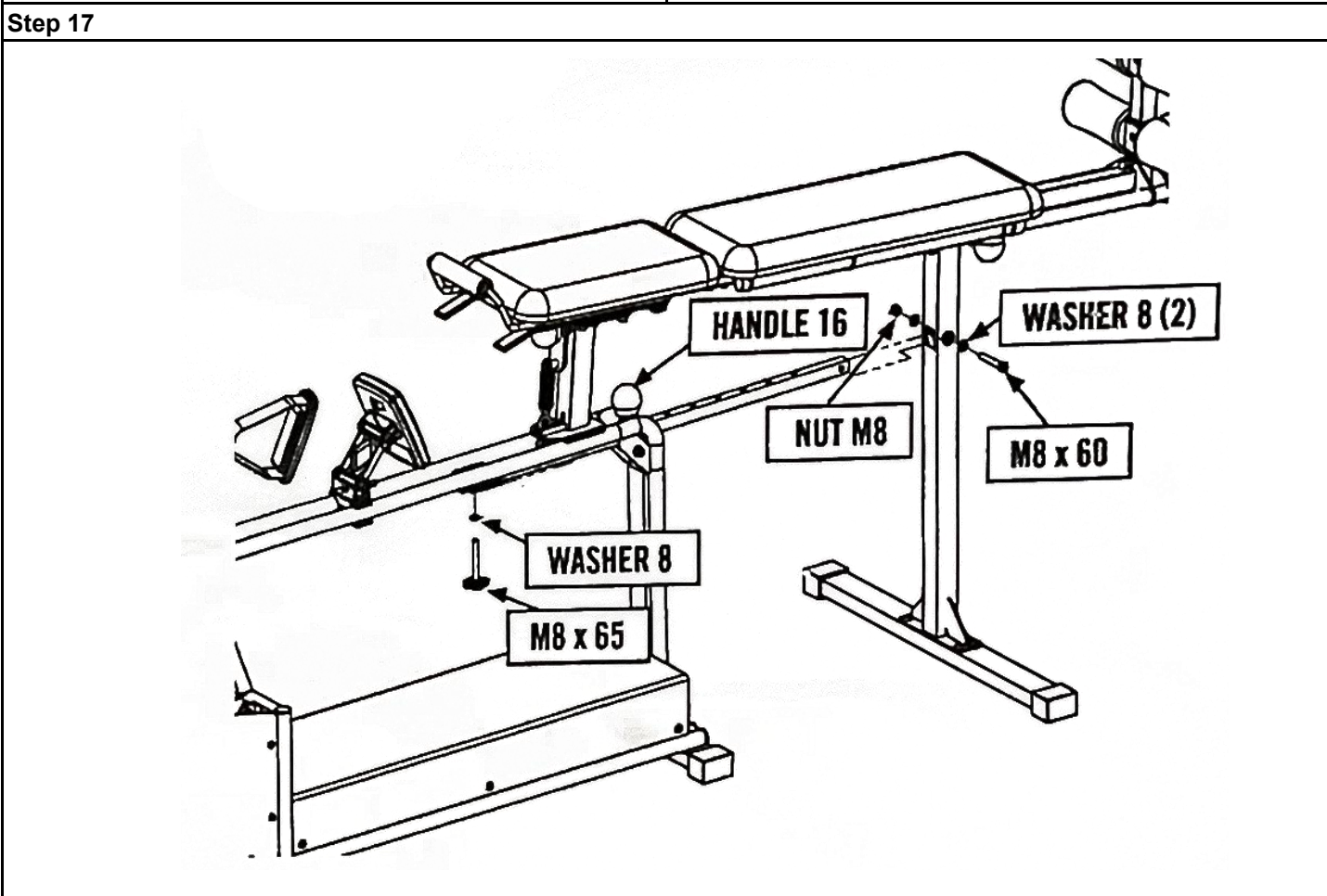
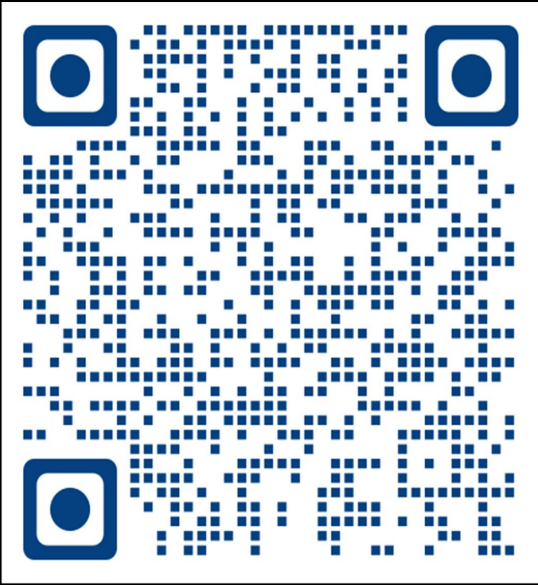


	USAGE SAFETY PRECAUTIONS	GENERAL NOTES	Step 1
KAYAKPRO KAYAKPRO® Swimfastpro Ergometer Assembly Manual V1.0   KP-A-03SW-11 REV 01 KAYAKPRO® Swimfastpro Ergometer	Safe operation and use Serious injury can occur if the following precautions are not observed. 1. Always consult your physician prior to undertaking any exercise regimen. 2. Keep head, limbs, fingers, and hair clear of all moving parts and flywheel cage. Please note for the KayakPro® Swimfastpro Ergometer, the space requirements are: machine storage: 1.8m(L) x 1.0m (H) x 0.72m(W), 5'11"(L) x 3'4"(H) x 2'4"(W) safe working area: 2.45m(L) x 1.5m(H) x 1.5m(W), 8'(L) x 5'(H) x 5'(W) 3. Inspect machine prior to use. Do not use the machine if it appears damaged or inoperable. 4. Contact manufacturer if machine is broken or jammed. 5. Use machine only as intended. 6. Do not modify the machine. 7. Children must not be allowed near this machine 8. Teenagers must be supervised in the use of this machine 9. By using the KayakPro® Swimfastpro Ergometer the user accepts all and full responsibility for self.	Machine storage: 1.8m(L) x 1.0m (H) x 0.72m(W), 5'11"(L) x 3'4"(H) x 2'4"(W)  Safe working area: 2.45m(L) x 1.5m(H) x 1.5m(W), 8'(L) x 5'(H) x 5'(W) 	
Step 2	Step 3	Step 4	Step 5
			

Step 6 IMPORTANT: The rope return limit ball must be installed and adjusted to prevent damage to the Arm roller mechanism Rope return limit ball 	Step 7  M8 x 80 (2) WASHER 8 (4) NUT M8 (2) WASHER 6 M6 x 30	Step 8  NUT M8 WASHER 8 (2) M8 x 80	
Step 9 Rear bench support leg  M8 x 16 (4)	Step 10  HANDLE 16 (2) WASHER 8 (2) NUT M8 M8 x 50 (2)	Step 11  Pin M8 x 20 (4) WASHER 8 (4)	Step 12  SPRING M6 x 30 WASHER 6 NUT M6

Step 13 	Step 14 	Step 15 	Step 16 	
Step 17 		PADDLE WITH US!  SUBSCRIBE TO OUR YOUTUBE CHANNEL FOR OUR FREE KAYAKPRO HD PADDLING VIDEOS!		 by KAYAKPRO  +1 914 310 5899  sales@kayakpro.com  www.kayakpro.com  1344 Van Buren St., Hollywood Florida 33019.  ATHENS 2004  Beijing 2008  London 2012  TOKYO 2020  Rio2016  Supplier of ergometer to NASA