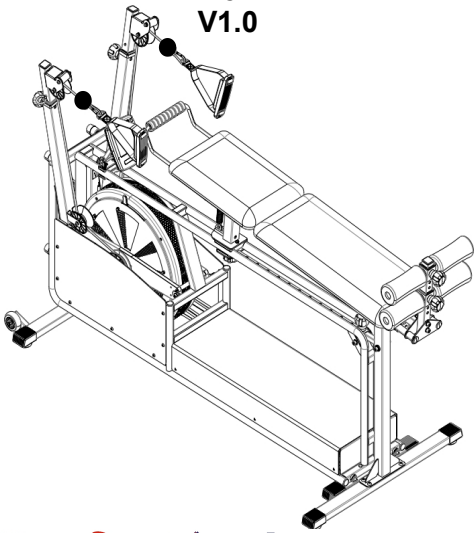
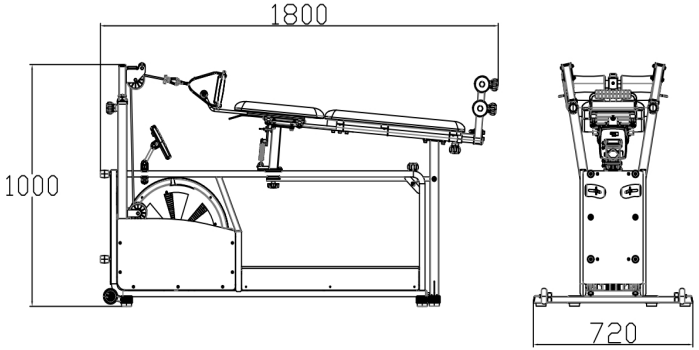
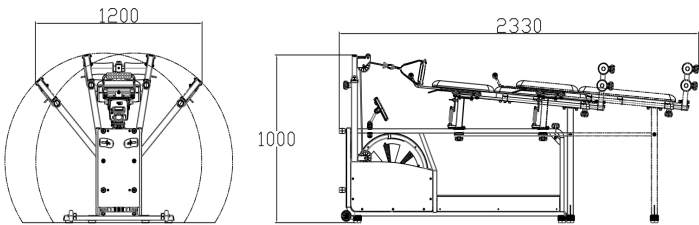
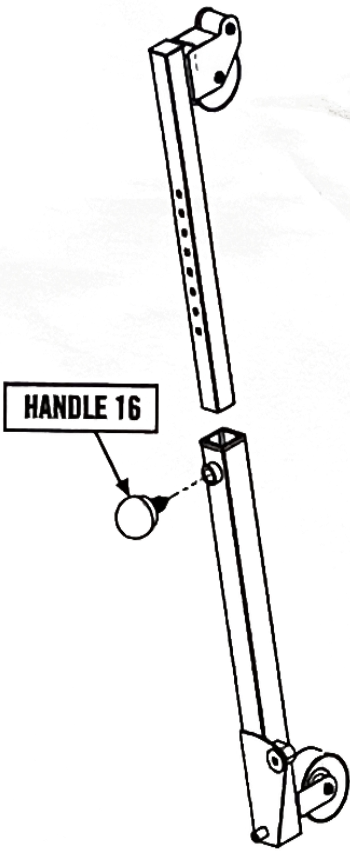
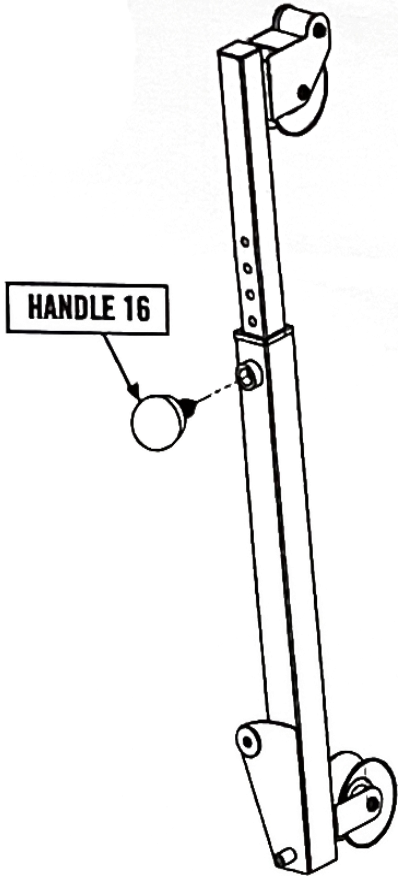
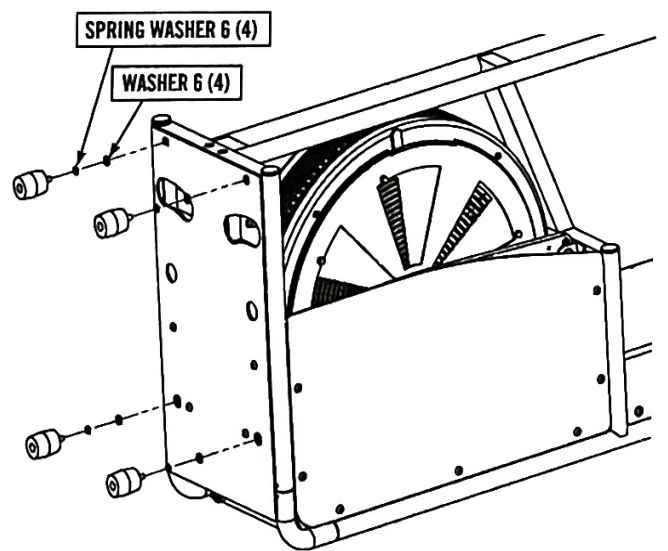
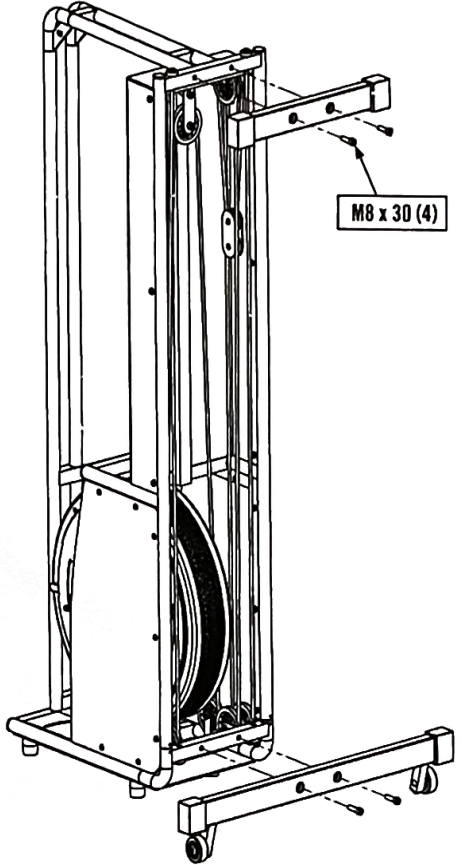
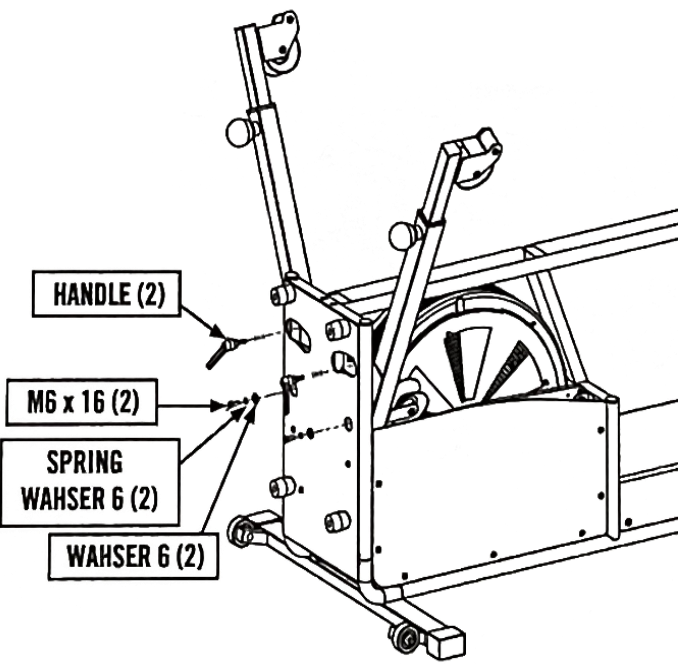
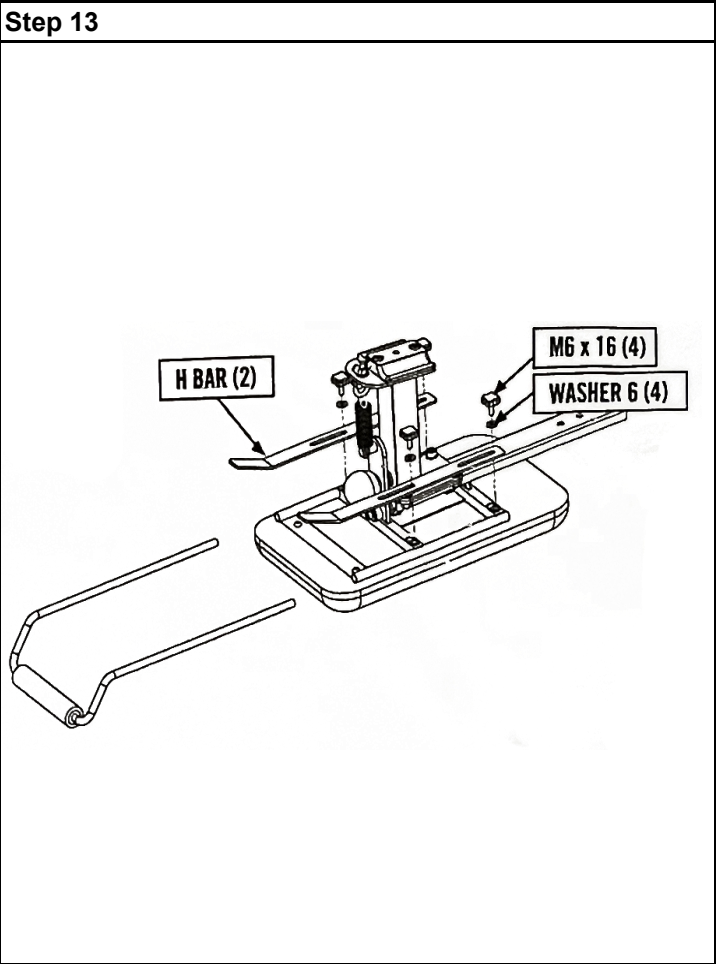
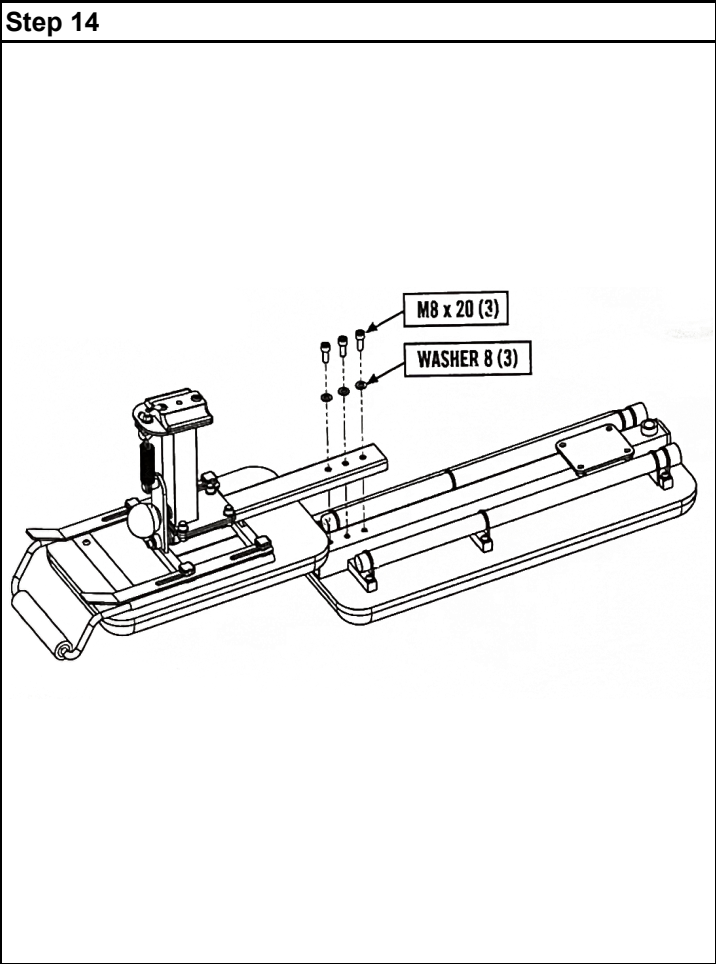
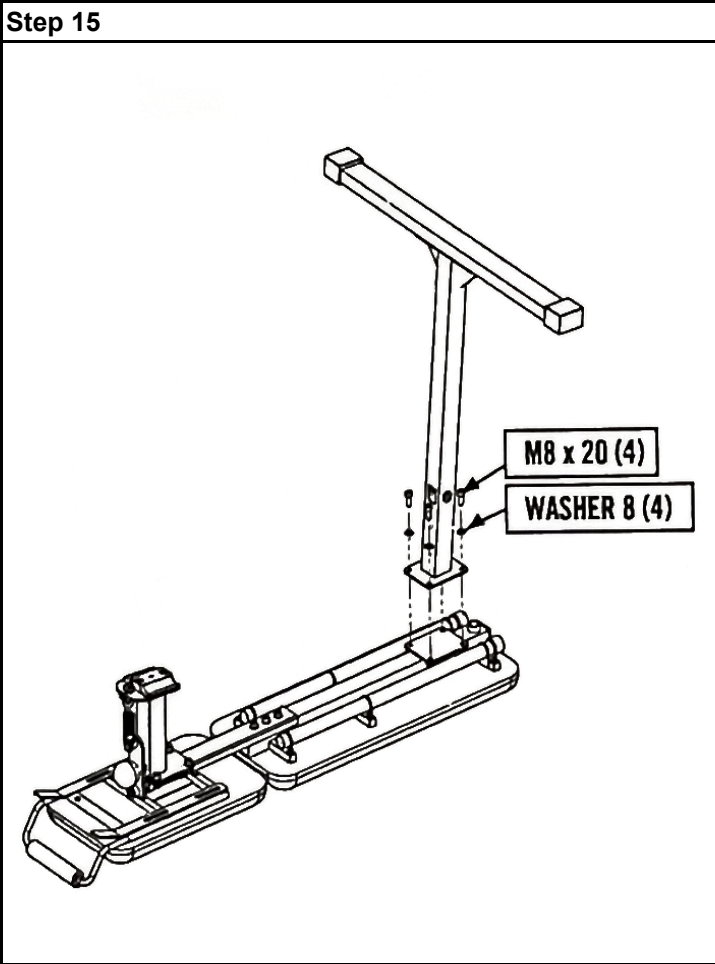
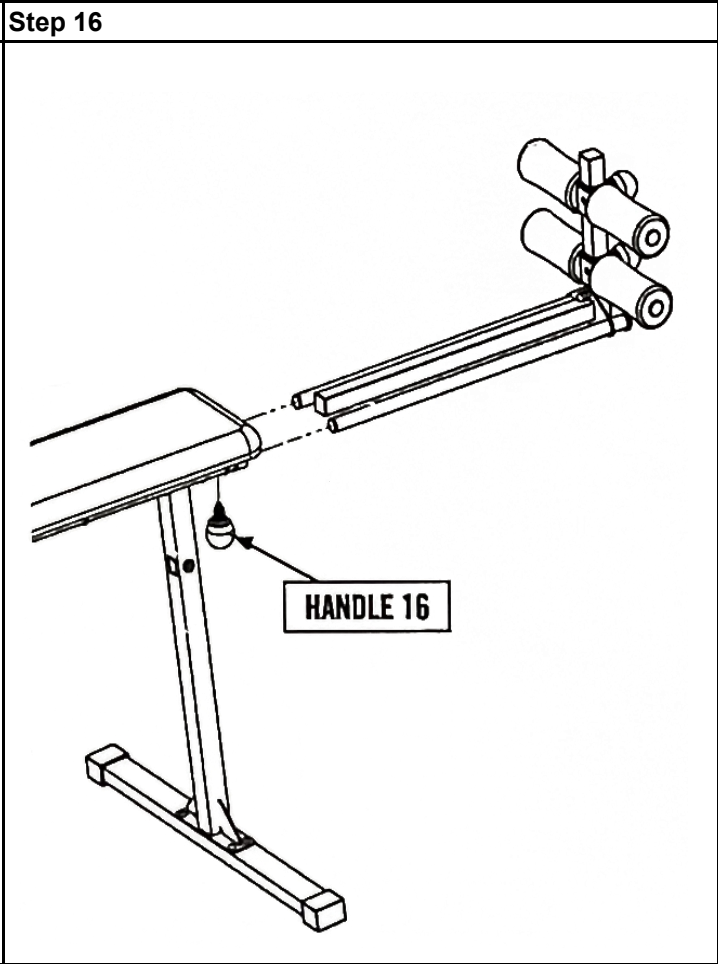
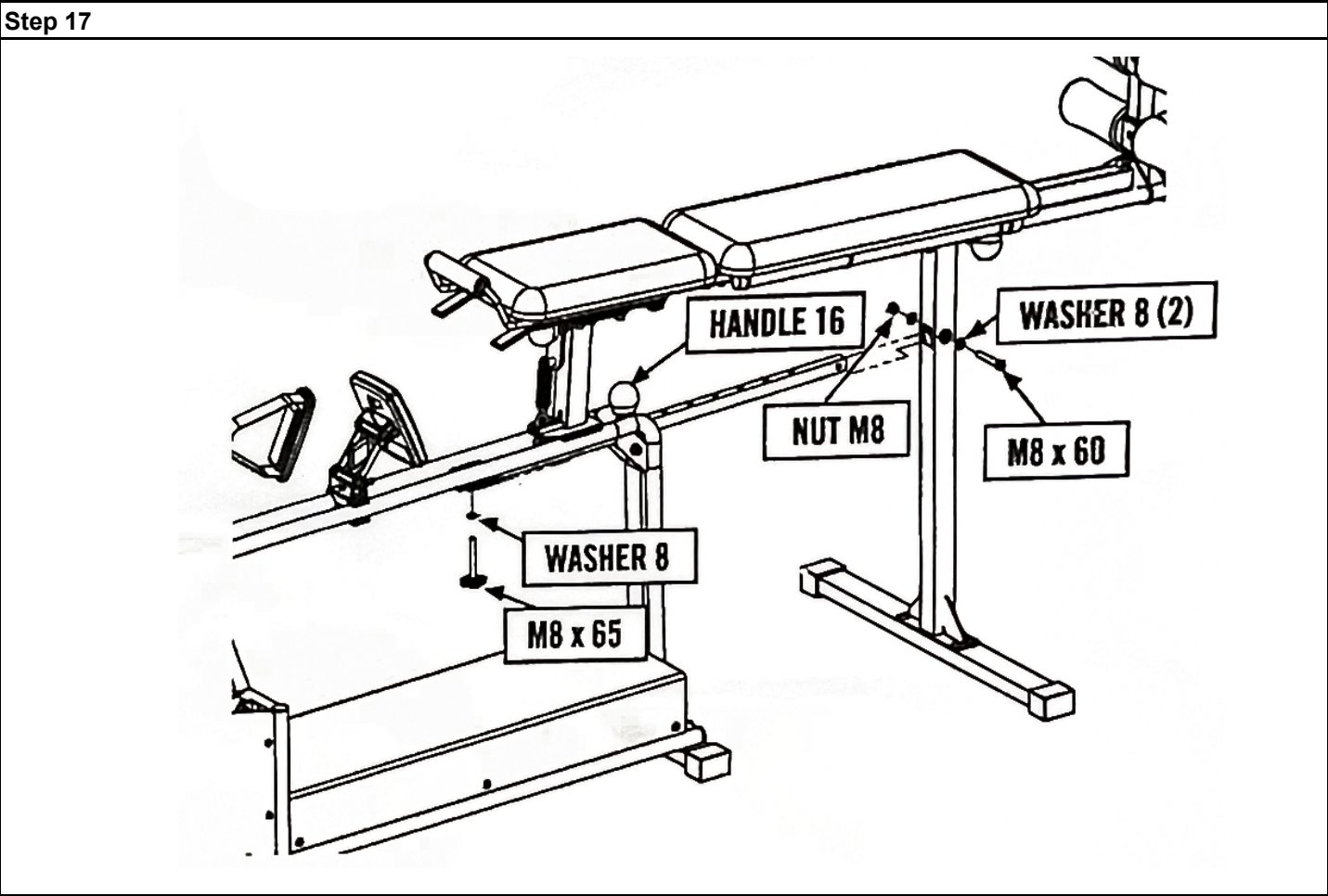
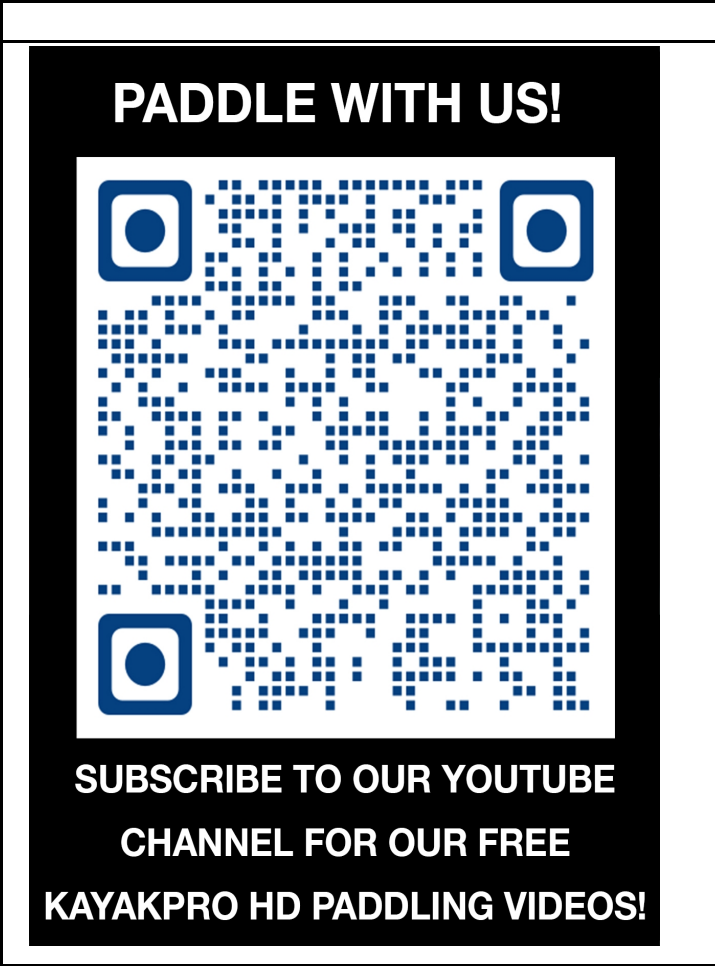


	USAGE SAFETY PRECAUTIONS	GENERAL NOTES	Step 1
 KAYAKPRO® Swimfastpro Ergometer Assembly Manual V1.0        KP-A-03SW-11 REV 01 KAYAKPRO® Swimfastpro Ergometer	Safe operation and use Serious injury can occur if the following precautions are not observed. 1. Always consult your physician prior to undertaking any exercise regimen. 2. Keep head, limbs, fingers, and hair clear of all moving parts and flywheel cage. Please note for the KayakPro® Swimfastpro Ergometer, the space requirements are: machine storage: 1.8m(L) x 1.0m (H) x 0.72m(W), 5'11"(L) x 3'4"(H) x 2'4"(W) safe working area: 2.45m(L) x 1.5m(H) x 1.5m(W), 8'(L) x 5'(H) x 5'(W) 3. Inspect machine prior to use. Do not use the machine if it appears damaged or inoperable. 4. Contact manufacturer if machine is broken or jammed. 5. Use machine only as intended. 6. Do not modify the machine. 7. Children must not be allowed near this machine 8. Teenagers must be supervised in the use of this machine 9. By using the KayakPro® Swimfastpro Ergometer the user accepts all and full responsibility for self.	Machine storage: 1.8m(L) x 1.0m (H) x 0.72m(W), 5'11"(L) x 3'4"(H) x 2'4"(W)  Safe working area: 2.45m(L) x 1.5m(H) x 1.5m(W), 8'(L) x 5'(H) x 5'(W) 	
Step 2	Step 3	Step 4	Step 5
			

Step 6 IMPORTANT: The rope return limit ball must be installed and adjusted to prevent damage to the Arm roller mechanism. Rope return limit ball	Step 7	Step 8	
Step 9 Rear bench support leg	Step 10	Step 11	Step 12

Step 13 	Step 14 	Step 15 	Step 16 
Step 17 		PADDLE WITH US!  SUBSCRIBE TO OUR YOUTUBE CHANNEL FOR OUR FREE KAYAKPRO HD PADDLING VIDEOS!	 by KAYAKPRO +1 914 310 5899 sales@kayakpro.com www.kayakpro.com 1344 Van Buren St., Hollywood Florida 33019. 