

"SpeedStroke is the essential complement to top-level training."

TIM BRABANTS

2008 Beijing Olympic K1 1000m

2008 Beijing Olympic K1 500m

Gold medalist

Bronze medalist

"SpeedStroke is the best way I know to get kayak-specific training when you can't get on the water."

ADAM VAN KOEVERDEN

2008 Beijing Olympic K1 500m

2004 Athens Olympic K1 500m

2004 Athens Olympic K1 1000m

Silver medalist

Gold medalist

Bronze medalist

"My SpeedStroke is an absolutely vital tool for winter training when it's just not possible to get out on the water. The variable resistance levels allows intensity specific 200m training."

ED MCKEEVER

2011 K1 200m World Championship

2010 K1 200m World Championship

Silver medalist

Gold medalist



OFFICIAL SUPPLIER OF
KAYAK ERGOMETERS TO THE
2004 & 2008 OLYMPIC GAMES



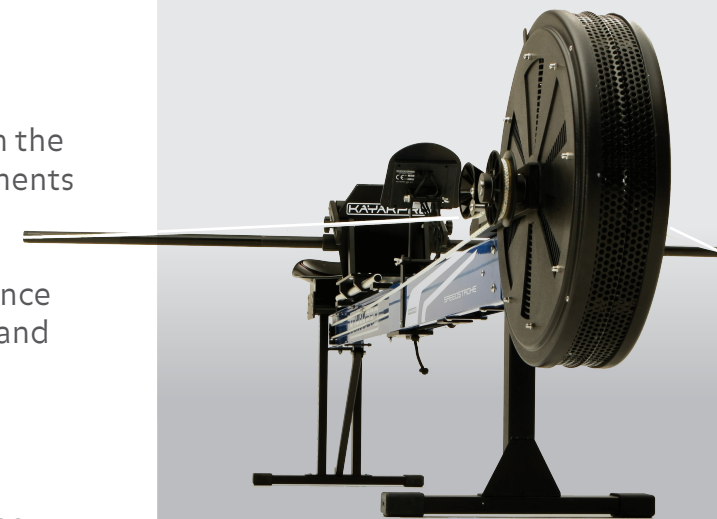
SPEEDSTROKE GYM

"PERFECT PRACTICE MAKES PERFECT"

It is essential to replicate sport-specific movement in the off-season to develop the specific physical improvements necessary to enhance performance.

Winter is the time for building core strength, endurance and power. However, cold weather, lack of daylight and uncomfortable on-the-water conditions make it challenging to carry out this training outdoors.

SpeedStroke allows you to paddle right through the winter and is the compliment to on-the-water-training.



KAYAKPRO

KAYAKPRO USA LLC

INNOVATIVE KAYAKING PRODUCTS

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SpeedStroke was developed to offer an unparallel replication of Kayaking and canoeing- with the added benefit of computer monitoring. SpeedStroke GYM's paddling action is almost identical to that of real kayaking. There is no jarring on catch, therefore any risk of injury. The Smooth unrestricted action, allows a true "on the water feeling". Adjustable resistance and paddle length ensures the SpeedStroke feels just like your own boat for the duration of the workout.

UNIQUE FEATURES

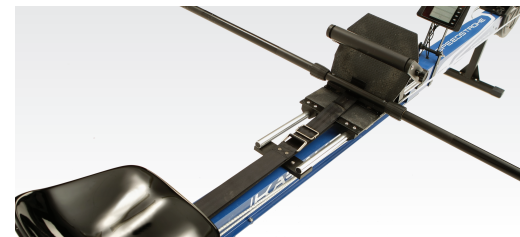
SPECIAL ATTENTION HAS BEEN PAID TO DETAILS THAT MAKE A DIFFERENCE:

- ADJUSTABLE PADDLING RESISTANCE
- GYM QUALITY FINISH
- EASY ADJUST FOOTREST
- FOOTREST PULL BAR
- ON BOARD COMPUTER AND PERFORMANCE MONITOR
- UPGRADABLE VIRTUAL SOFTWARE
- ANT+ COMPATIBLE HEART RATE FUNCTION

**FOR 200M RACERS WE ALSO HAVE AVAILABLE A
"HI- RESISTANCE" VERSION OF SPEEDSTROKE GYM.**



ATHLETE
Ed McKEEVER
KAYAK WORLD CHAMPION



SPEEDSTROKE'S ON-BOARD COMPUTER DISPLAYS:

- DISTANCE
- TIME
- PACE
- HEART RATE
- STROKE RATE
- WORK DONE IN CAL OR KJ

The upgrade software functions of i-race and Virtua-Race brings a whole new dimension to indoor paddling.

KayakPro i-Race: Allows you to train with your team mates and friends, and compete in indoor regattas- all on the same programmable course. The i-race indoor competition program is structured in the same format as a race. So will be recognizably familiar and user friendly. Including the available pre- and post race reports.

KayakPro Virtua-Race: Allows you to paddle on your own virtual course either on your own, with virtual pace paddlers or with friends located anywhere in the world – through an internet web-racing hub.